

# **RENEW**

## ***My Spiritual Life***

**St. Bernard of Clairvaux**

**Catholic Church**

### **Frequently Asked Questions – October 16 & 17, 2021**

#### **What is “RENEW”?**

RENEW is an experience that helps you discover what's missing in your life and what to do about it. RENEW is a life-changing experience. Previously known as Christ Renews His Parish, RENEW, is a spiritual renewal designed to help individuals grow in their personal relationship with Jesus Christ.

#### **Will I have to get up and talk?**

Other than a brief initial introduction, you will not have to talk in front of others unless you would like to. The weekend is structured around talks by the "Giving Team", the team presenting the weekend. Group discussions take place after each talk. Weekend participants are typically grouped in tables of 5. Most in-depth discussions take place at your own table. You are free to share as much or as little as you like.

#### **What happens on the RENEW weekend?**

During the weekend, eight men on the "Giving Team" will present their personal witness to the influence and power of Jesus Christ in their lives. Group discussion and reflection involving "Giving" and "Receiving" teams follow each presentation. There will be scripture readings, time for prayer, and time set aside for personal reflection. Sacraments are an integral part of the weekend. There will be an opportunity for Reconciliation Saturday evening and we'll all attend 11:00 a.m. mass together on Sunday. Family members are also invited to sit with us at mass. All experiences and discussions on the weekend are confidential.

#### **Who is invited to attend?**

RENEW is for anyone who would like to improve their relationship with Jesus Christ. Wherever your faith is, you are welcome. If your relationship is already good, it will be better. You do not have to be a spiritual person to attend. Some attend because they are not as spiritual as they would like to be. Some attend because they feel something is missing from their lives. All participants are welcome and receive unconditional acceptance. RENEW is an opportunity for those who have stopped attending mass, who have lost interest in the church, or want to reconnect with the Parish.

#### **When and where is the RENEW weekend?**

**The men's weekend is Saturday October 16 and Sunday October 17, 2021.**

The RENEW weekend will be held at St. Bernard's Parish Center on the 2nd floor. Please park in the eastern portion of the parking lot and enter the new Parish Center from the center courtyard where you will be greeted by members of the Giving team.

#### **How long does it last?**

Please arrive at the Parish Center at 7:30 a.m. Saturday morning to check in, meet the other men, have coffee, and a light breakfast. We will begin promptly at 8:00 a.m. Saturday's activities conclude around 6:30 p.m. We'll reconvene Sunday morning at 7:30 a.m. and begin promptly at 8:00 a.m. The weekend concludes around 3:00 p.m. Sunday afternoon.

#### **What should I wear?**

Dress casual. Comfortable, casual clothes make for a more relaxed weekend. Dress appropriately for 11:00 a.m. mass that we'll attend as a group on Sunday.

#### **What about meals?**

Meals are provided. Saturday breakfast (light), lunch and dinner, Sunday breakfast (light) and lunch. There will be numerous breaks throughout the weekend; snacks and drinks are provided. If you have special diet requirements, please let us know.

#### **How much does it cost?**

There is no charge for attending the weekend. There will be an opportunity for a purely voluntary offering at the conclusion of the weekend.

#### **Covid-19 considerations**

We will take all necessary precautions to ensure a safe weekend.