

# Men's Renew Weekend - October 25 & 26, 2025

## Frequently Asked Questions

### What is "RENEW"?

- RENEW is an experience that helps you discover what's missing in your life and what to do about it.
- RENEW is a life-changing experience.
- RENEW is a spiritual renewal to help individuals grow in their personal relationship with Jesus Christ.

### Will I have to get up and talk?

- Other than a brief initial introduction, you will not have to talk in front of others unless you would like to.
- The weekend is structured around talks by the "Giving Team," the team presenting the weekend.
- Group discussions, typically tables of 5, take place after each talk. You are free to share or not.

### What happens on the RENEW weekend?

- During the weekend, eight men on the "Giving Team" will present their personal witness to the influence and power of Jesus Christ in their lives.
- Group discussion and reflection involving "Giving" and "Receiving" teams follow each presentation.
- All experiences and discussions during the weekend are confidential.
- There will be scripture readings, group prayer, and time set aside for personal reflection.
- Sacraments are an integral part of the weekend.
- There will be an opportunity for Reconciliation Saturday evening.
- We will attend 11:00 a.m. mass together on Sunday and your family members are invited to sit with us.

### Who is invited to attend?

- RENEW is for anyone who would like to improve their relationship with Jesus Christ.
- Wherever your faith is, you are welcome to attend.
- If your relationship is already good, it will be better.
- You do not have to be a spiritual person to attend.
- Some attend because they are not as spiritual as they would like to be.
- Some attend because they feel something is missing from their lives.
- All participants are welcome and receive unconditional acceptance.
- RENEW is an opportunity for those who have stopped attending mass, who have lost interest in the church, or want to reconnect with the Parish.

### When and where is the RENEW weekend?

- **The men's weekend is Saturday October 25 and Sunday October 26, 2025.**
- Held on the 2nd floor of St. Bernard's Parish Center
- Enter the Parish Center from the courtyard where you will be greeted by members of the Giving team.

### How long does it last?

- Arrive at 7:00 a.m. Saturday to check-in, meet the other men, have coffee, and a light breakfast.
- Saturday's activities conclude around 6:30 p.m.
- Sunday, we reconvene at 7:30 a.m.
- The weekend concludes around 3:00 p.m. Sunday afternoon.

### What should I wear?

- Dress casual. Comfortable, casual clothes make for a more relaxed weekend.
- Dress appropriately for 11:00 a.m. mass that we'll attend as a group on Sunday.

### What about meals?

- Meals are provided.
- Saturday breakfast (light), lunch and dinner, Sunday breakfast (light) and lunch.
- There will be numerous breaks throughout the weekend; snacks and drinks are provided. If you have special diet requirements, please let us know.

### How much does it cost?

- There is no charge for attending the weekend. There will be an opportunity for a purely voluntary offering at the conclusion of the weekend.